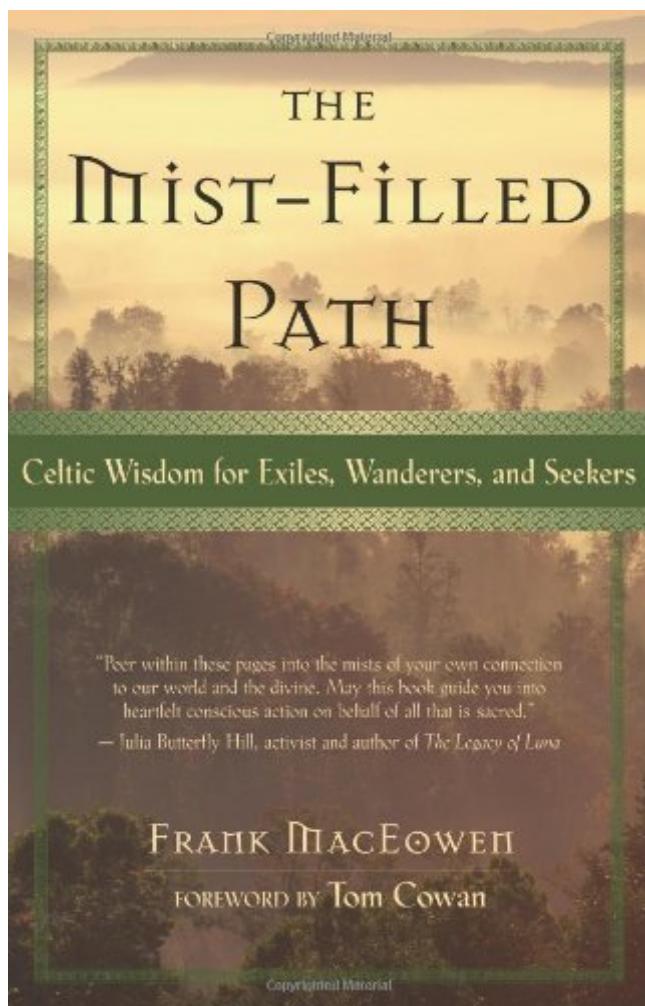


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# The Mist-Filled Path: Celtic Wisdom For Exiles, Wanderers, And Seekers



## **Synopsis**

In *The Mist-Filled Path*, Frank MacEowen shows how embracing the indigenous wisdom of Scotland and Ireland can lead to healing and transcendence. Using his own travels and teachings along with Celtic stories and myths, he explores ancient traditions, ecopsychology, the ancient mother, altars and hearths, *Oran Mor* (the Great Song), contemplation, and mysticism. The book tells how to draw on ancestral roots to find a personal spirituality that also works for the greater good.

## **Book Information**

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## **Customer Reviews**

Unfortunately I am not a fan of this book. I haven't even finished reading it. I think I'm somewhere around 80 pages in, and I just can't continue. The book is not what I expected it to be. I wasn't expecting it to be such an autobiography of the author's experience and life, and all the points he has made so far have been ripped from other books (which he thankfully acknowledges). I was looking for a book about Celtic Spirituality, and though this book is one, it also touches base on other traditions which I have no interest in, and he quotes a lot from an African Shaman/Witch. Overall,

not pleased. I will be returning it.

I enjoyed how Frank MacEowen eases the reader down the path with a smooth rippling of words. Having long been a solitary druid(since age 6, am currently 33), I look for books that share others own journeys as a global overviews to guide mine. The author has a firm grip on the Philosophy aspects of druidry without pushing it as a religion(which some would debate it is or is not one). He also kept the past in it's place at the center of our present and futures,which I understand that many others take issue with, perhaps that is because their own paths do not yet contain a direction but rather just a open space to be determined once they have decided what they are looking to find. I also enjoyed that he stayed true and did not feel the needs to wash every aspect so that it was ever so pretty and perfect. If I was looking for a happy go perfect faery tale I would most likely be browsing the disney section. The reality of life is that good and bad have always been and will always be, but it is only a matter of understanding the when of those things in roaming this journey. He doesn't throw anything under that magical rug in order to seem oh so awesome, I feel that it was how he took on the shades of grayness that make him one of my preferred authors. I know that some consider this "weak" , but that might because a side effect of their own misunderstandings. I have found from both this book and others by same author, that he is real. He tries to guide the readers to define their own paths, by sharing the experiences of his without yelling that you must take highway 1 in life in order to reach destination C. I believe that most of those who have taken such aims at him as "racists" perhaps used his words to form thoughts which were clearly not within the bindings of his writing. Remember that there are 26 letters in the English understood alphabet and an infinite number of ways to misunderstand how they are used.

I'm in love with this book, it's full of inspiration and knowledge. Without talking about one religion alone, mentioning both paganism and celtic christianity along with others, it shows a path of spirituality that enriches life. This book is also conscious of society's problems and how they relate to problems of the soul.

You will have to read this book for yourself to really understand what it's all about. It's a excellent book!

Exactly what I needed to read at the perfect time. His relationship with the mist is something I've never been able to put into words. I've had the same relationship with it my whole life. Also when I

went through my initiation into shamanism I also bounced back and forth between the celts and native americans. I am so grateful to have found this book. Thank you Frank MacEowen for writing this book.

As soon as I started reading this book and couldn't put it down. I had similar experiences as a child. Born in the USA I didn't recognize what was happening to me, but always felt drawn to certain trees. They were my safe places. In my middle age I started researching my Celtic ancestry and now I know I'm not crazy. The organized religions I've tried to participate in always leave me feeling that something is missing, but when I'm drawn to the trees it's nothing less than spiritual. Thank you for putting into words what I've been feeling all my life!! When I tried to relate my spiritual experiences to Native American spirituality I've been called a "Wannabe". Through this book I've learned that what I'm feeling came from my own ancestral tribe - in Scotland! Tribes aren't limited by geography.

Even though there are some things in this book that could be questioned, along with the fact that Frank MacEowen cannot be found anywhere- no website, google,etc- there is something magical in these pages. The language is beautiful and it's a rare thing for me to want to start from the beginning right after finishing a book- something I did with this little gem here. I guess on a personal note, it came to me at the right time and opened my eyes to new things... It put me at peace when I most sought it, and thus it has earned a prominent place not only on my shelf, but in my heart.

I bought this book as part of a course I am currently taking online. I didn't have time to read it so I thought I would wait for a free weekend to sit and do that. I started reading the book and immediately began a beautiful journey into myself. This book is not something you just read, it has exercises which you really must stop and do. The exercises are simple and yet the results from these exercises are so complex. I learned more about myself and spirituality by reading this book than I did in the last 16 years of practicing Paganism. This book is a great introduction to spirituality. The Author takes you through a journey of sharing, you don't just read about spirituality you also hear his story which makes the book personal and very touching. It is a totally MUST READ book.

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